MOBILITY AND TRANSFER (Manual Handling )

Using of pelican belt

<https://www.youtube.com/watch?v=xQ7ey2u_sKg>

Helping the person after a fall (this can only be done if the person can help get up, and not in a lot of pain)

<https://www.youtube.com/watch?v=10jR0zjl19Y>

Helping a patient to sit up

<https://www.youtube.com/watch?v=AOSq2frRhD4>

Using Slide Sheet

<https://www.youtube.com/watch?v=O_0pglA201U>

<https://www.youtube.com/watch?v=2rpWBTcTr_g>

Transferring from wheelchair to bed

<https://www.youtube.com/watch?v=NYmgotQZE54>

Positioning and Lifting Patient

<https://www.youtube.com/watch?v=H68Sa04s_1s>

Using a mechanical lifter

<https://www.youtube.com/watch?v=DzhprwFmmkk>

Using a sit to stand lifter

<https://www.youtube.com/watch?v=s4NdHay5EL4>