Primary Skill Assessment List

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| GROOMING | NUTRITION AND HYDRATION/OUTPUT |
|  007/49-Assisting with shower, shampooing person’s hair | 019- Feeding a person |
|  009-Brushing and combing hair | 026- Giving bed pan |
|  017/059-Dressing a person/undressing a person | 027- Giving urinal bottle |
|  10/042/45-Brushing Teeth/Oral Hygiene, dental care | 038-Measuring intake and output |
|  050- shaving a person | 044- Preparing the person for a meal |
|   003-Applying an elastic-stockings | 048- Serving meal trays |
|  021- Giving a bed bath |  |
|  025 – Giving perineal care |  |

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| MOBILITY and TRANSFER | POSITIONING/PRESSURE AREA CARE |
|  002- Applying a transfer belt | 058 – Turning and positioning a person |
|  029 – Helping the falling person | 033 - Log rolling a person |
|  030- Helping the person sit on the side of the bed |  |
|  031 – Helping the person to the commode |  |
|  032 – Helping the person walk |  |
|  039 – Moving the person to the side of the bed |  |
|  040 – Moving the person up in the bed |  |
|  041 – Moving the person up in the bed with a slide sheet |  |
|  054- Transferring the person from a chair to wheelchair |  |
|  055 – Transferring the person to a chair or wheelchair |  |
|  056- Transferring the person to and from a toilet |  |
|  057 – Transferring the person using a mechanical lift |  |
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| INFECTION CONTROL | MAINTAINING HEALTHY BODY SYSTEMS |
| 016- Donning and Doffing a gown | 008/53- Body temperature/with and electronic thermometer |
| 028- Hand washing | 015- Counting respirations |
| 047- Removing gloves | 036 – Measuring Blood Pressure |
| 061- Wearing a mask | 037 – Measuring Height and Weight  |
|  | 051- Taking apical pulse |
|  | 052 – Taking radial pulse |
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| Other Activities of Daily Living | For Cert IV students |
| 034 – Making a closed bed | 011- Changing the gown of the person with an IV |
| 035 – Making an occupied bed | 012 – Collecting mid-stream specimen |
|  | 013 – Collecting random urine specimen |
|  | 014 - Collecting a stool specimen |
|  | 018 – Emptying a urinary drainage bag |
|  | 022 – Giving a small volume enema |
|  | 023 – Giving catheter care |